

Key Ingredients

Tyrosine

Tyrosine is an amino acid and a central component of thyroid hormones. Adequate Tyrosine levels help maintain normal thyroid function by ensuring adequate thyroid hormone production.

Ashwagandha

Studies show that Ashwagandha acts directly on the thyroid gland to optimize the level of thyroid hormones in the blood. Ashwagandha has also been shown to be protective and nourishing to the nervous system.

Kelp

Kelp is an excellent natural source of vitamins, minerals and amino acids. It is commonly used to promote healthy thyroid function. The large amounts of iodine found in Kelp are important in the treatment of thyroid disorders. Through the regulation of thyroid function there is an improvement in all the associated symptoms.

Guggulipid

Guggul (Commiphora mukul) is recognized in Ayurvedic medicine as a rejuvenating herb. It assists the thyroid with the uptake and utilization of iodine, thereby helping improve the production of thyroid hormones. An additional benefit is that guggul has also been demonstrated to regulate cholesterol levels.

Gamma-Oryzanol

Gamma-Oryzanol is a phytonutrient from many plants, most notably in rice bran. Studies have shown it offers a wide variety of benefits including anti-stress, antioxidant and thyroid regulating properties.

Other Nutrients

Thyroid Formula provides proven ingredients necessary for thyroid regulation and for the alleviation of negative symptoms associated with thyroid disorders. This includes ingredients such as Bladderwrack, Schizandra and Cayenne.

*"My doctor said I'd be on thyroid medication for the rest of my life. Since starting **Thyroid Formula**, I no longer need the drug and my tests are normal."*

– Linda

*"**Thyroid Formula** has made a huge difference in my life. I'm finally able to lose weight, have plenty of energy, my hair is growing again and my skin is no longer flaking."* – Kathy

"I had part of my thyroid removed because it was overactive. I feel much better taking something all natural to keep my remaining thyroid healthy." – Ted

*"They kept changing the dose of my thyroid medication and still couldn't get it right. **Thyroid Formula** is the only thing that has made a difference and helped me. My doctor is also pleased."* – Helen

Thyroid Formula

Supplement Facts

Serving Size: 1 Capsule

Amount Per Serving		%Daily Value
L-Tyrosine	400 mg	†
Ashwagandha (herb powder)	100 mg	†
Kelp (0.1 to 0.4% Iodine)	50 mg	†
Bladderwrack (herb powder)	50 mg	†
Schizandra (herb powder)	50 mg	†
Guggulipid (2.5% guggulsterones)	25 mg	†
Gamma-Oryzanol	25 mg	†
Cayenne (herb powder)	25 mg	†

†Daily Value not established.

Other Ingredients: Gelatin, silicon dioxide and magnesium stearate.

Available at:

For more information on this and other Vita Logic products, please visit us online. www.vitalogicvitamins.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, prevent or diagnose any disease.

THYROID FORMULA

- ✓ Backed by science
- ✓ Doctor recommended
- ✓ All natural
- ✓ Synergistic formula of vitamins, minerals and herbs



VITA LOGIC
VITAMINS THAT MAKE SENSE!

Who Should Take Thyroid Formula?

- Are you taking medication for your thyroid?
- Have you ever taken any medication for or had surgery on your thyroid?
- Do you have a family history of thyroid disease?
- Do you think you have a thyroid problem but your doctor says your tests are normal?
- Do you suffer from lack of energy, dry skin, bloating, constipation or weight gain?
- Are you always cold or have a low temperature?
- Have you ever had radioactive iodine for your thyroid?

The more you answered yes, the more Thyroid Formula may help you.



What Is Thyroid Disorder?

Thyroid disorders are a group of conditions in which the regulation of thyroid hormone and or the functioning of the thyroid gland are abnormal. The thyroid produces two thyroid hormones, referred to as the body's metabolic hormones, which circulate in the bloodstream to all parts of the body. The actions of thyroid hormone are both extensive and critical to normal body function.

Thyroid hormone influences essentially every organ, every tissue and every cell in the body. These hormones regulate the body's metabolism, or how quickly the body burns energy or calories. Thyroid hormones also affect or regulate blood pressure, heart rate, growth and development, cholesterol level, body weight, energy level, muscle strength, skin condition, vision, menstrual regularity, mental state and are critical for skeletal and nervous system development. They also play an important role in the development of the reproductive system in both sexes.

About 13 million Americans, more of them women than men, are affected by a thyroid disorder. In fact, an estimated one in eight women will develop a thyroid disorder at some time in her life. The three most common thyroid problems are the underactive thyroid, the overactive thyroid and thyroid nodules.

The thyroid is one of the most important glands. When it doesn't function properly it can cause symptoms including fatigue, anxiety, weakness, muscle cramps, weight gain, menstrual irregularity, constipation, thinning hair, dryness and loss of sex drive. A thyroid disorder can also cause miscarriage and infertility. A healthy thyroid can make a world of difference in the quality of life. Thyroid Formula is designed to promote optimal functioning of thyroid hormones by nourishing the thyroid gland.

What Makes Vita Logic's Thyroid Formula Unique?

Formulated by a team including researchers, scientists and medical doctors, Thyroid Formula contains a combination of nutrients and herbs that promote optimal function of thyroid hormones by maintaining the health of the thyroid gland and by supporting the healthy function of all the tissues that respond to thyroid hormones.

Contains proven ingredients backed by research:

Dietary supplementation with Kelp significantly increases thyroid stimulating hormone.
-- *Endocrine Practice: Official Journal of the American College of Endocrinology and the American Association of Clinical Endocrinologists*

Supplementation of Tyrosine resulted in a rapid increase in blood thyroid hormone concentrations, indicating enhanced thyroid function. -- *Metabolism: Clinical and Experimental*

These findings reveal that the Ashwagandha root extract stimulates thyroid activity and also enhances the antioxidation of the liver. -- *The Journal of Pharmacy and Pharmacology*

